

What you have

- A 182-concept study guide organized by all 9 College Board units.
- Each concept = term + concise explanation + high-yield exam tip (+ example where useful).
- A table of contents up front so you can jump straight to any unit.
- A closing page with exam-day strategy.

How to use it

- First pass (3-4 weeks before the exam): read every concept in order. Underline anything unfamiliar.
- Second pass (1-2 weeks before): reread only the concepts you underlined.
- Final pass (2-3 days before): rapid-review every tip line -- they are the highest-yield content in the guide.
- Mark the concepts you miss with a dot in the margin and revisit them 48 hours later.
- Pair each unit with a short set of practice questions from your textbook or a question bank.

Exam basics

The AP Psychology exam is 2 hours 20 minutes: 100 multiple-choice questions (90 min) and 2 free-response questions (50 min).

This guide is a study companion, not an official College Board publication. It is aligned to the public AP Course and Exam Description and is not affiliated with or endorsed by the College Board.